

Gluten Free Lunch Menu

Starters

Whole Winery Wings, Sweet Spicy Sauces on the Side, and Crunchy Vegetable Bites ~ \$8

Three Cheese Fondue with Artichoke, Spinach and Roasted Red Pepper ~ \$8
NO CROSTINI ADD VEGGIES

Coconut Shrimp with Mango Curry Sauce ~ \$9
NO TEMPURA

Portabella Oscar, Crab Stuffed Mushroom with Asparagus & Hollandaise ~ \$11

Share Platter with Fruit, Nuts, Olives, Caperberries, choice of Three Cheeses or Meats ~ \$14
NO CROSTINI

Soup & Salads

A Soup from Our Chef's Secret Recipe Book ~ \$4

Field Greens Side Salad with Red Onion, Tomatoes, Olives and Red Wine Vinaigrette ~ \$4

Caesar Wedge Salad with Romaine Heart, Bacon, Bleu Cheese Crumbles, and Tomato ~ \$7
NO CROUTONS

Spinach Salad with Bacon, Figs, Feta Cheese, and Pine Nuts with Balsamic Vinaigrette ~ \$8

Nicoise Salad with Seared Ahi Tuna, Haricots Verts, Egg, Olives with Red Wine Vinaigrette ~ \$12

* Grilled Salad: Romaine, Heirloom Tomato, Fresh Herbs and Spicy Cream Dressing
Topped with your choice of Sirloin, Chicken, or Shrimp ~ \$12

Sandwiches

Served with Choice of Fresh Housecut Fries, Side Salad, or Fresh Fruit

Herb Roasted Turkey Baguette Provolone, Roast Red Pepper, Lettuce & Herb Aioli ~ \$8
GLUTEN FREE WHITE BREAD

Roast Veggie Pita, Portabella, Red Pepper, Squash with Artichoke Pesto & Cheese ~ \$7
GLUTEN FREE WHITE BREAD

* 1/3 Pound Free Range Nilgai Antelope Burger ~ \$13
NO BUN SERVE WITH WHOLE ROMAINE LEAF

* 1/2 Pound Sirloin Patty Melt or Vinaio Burger ~ \$8
GLUTEN FREE BUN

Vinaio Club, Turkey, Ham, Bacon, Swiss, Lettuce & Tomato ~ \$9
GLUTEN FREE WHITE BREAD

Applewood Smoked BLT ~ \$8
GLUTEN FREE WHITE BREAD

Specialty Entrees

Pan Seared Tilapia with Fontina Risotto, Grilled Asparagus and Fresh Herbs ~ \$10

House-Made Chicken Strips served with House Cut Fries ~ \$8
GRILLED CHICKEN STRIPS

Pasta Pomodoro with Fresh Tomato, Garlic, Basil, EVOO, and Parmesan ~ \$11
GLUTEN FREE PASTA

Vegetable Pasta with Artichoke, Asparagus, Tomato, Garlic and Peppers ~ \$12
GLUTEN FREE PASTA

There is a \$4.00 charge for split plates

*Consumption of Raw or Undercooked Eggs or Meat May Increase Your Risk of Food Borne Illness.
These food items are served cooked to order, raw or undercooked.